



Cardiology and Vascular Associates, P.C.

Diagnostic Study Order Form



CLARKSTON TESTING CENTER

5701 Bow Pointe Dr., Suite 205 & 210, Clarkston, MI 48346
Phone 248-625-5550 • Fax 248-922-7220

Today's Date

Patient's Name DOB

Referring Physician CC

Diagnosis Exam Date Time

Fax # Phone#

PHYSICIAN'S SIGNATURE REQUIRED

IMPORTANT PATIENT INSTRUCTIONS

- A 48 Hour Notice is required to cancel your exam to avoid a potential charge. Patient Signature:
YOU MUST BRING THIS ORDER FORM WITH YOU AT THE TIME OF YOUR APPOINTMENT.
Failure to bring this form may cause a delay and possible rescheduling of your exam.
Please arrive 15 minutes prior to your appointment.
Please bring a written list of all your medications.

NUCLEAR CARDIOLOGY:

- 78452 Nuclear Imaging MPI Stress Test
J2785 Pharmacological MPI Stress Test
78472 MUGA Scan (ERNA)

ECHO:

- 93306 2D Echo w/Color Flow & Doppler
w/Bubble w/Contrast
\*NOTE: Contrast requires specific indications for insurance coverage

93351 Exercise Stress Echo

\*Dobutamine Stress Echo is available in Bloomfield Hills Testing Center. Please call 248-333-1172 to schedule.

MISCELLANEOUS TESTS:

- 93000 EKG
93015 Treadmill Stress Test only
93225-93227 Holter Monitor
93270-93272 Event Monitor
93784 24 Hour Blood Pressure Monitor
93242 ZIO/Bardy (>48 hr thru 7 days)
93246 ZIO/Bardy (>7 days up to 15 days)

VASCULAR:

- 93978 Abdominal Aortic Ultrasound\*
93923 Segmental Pressures Only\*
93924 ABI with Stress\*
93979 Limited ABD\*
76706 AAA Screening Medicare\*

\*Available in Bloomfield Hills Testing Center. Please call 248-333-1172 to schedule.

\* CPT codes in RED

The following exams are available at the Vascular Center of Michigan:

5701 Bow Pointe Dr., Suite 210, Clarkston, MI 48346
Phone: 248-625-5550

CAROTID:

- 93880 Carotid Duplex

ARTERIAL UPPER EXTREMITY:

- 93930 Upper Extremity / Bilateral
93931 Upper Extremity / Unilateral
Right Arm Left Arm
93923 Upper Extremity physiologic study
93923 TOS Study - Thoracic Outlet Syndrome
93923 Raynaud's / Cold Immersion Test

ARTERIAL LOWER EXTREMITY:

- 93922 ABI Only
93925 Duplex Bilateral with ABI
93926 Duplex Unilateral
Right Leg Left Leg
For Pseudoaneurysm
Right Groin Left Groin

VENOUS LOWER EXTREMITY:

- 93970 Duplex Bilateral for DVT
93971 Duplex Unilateral for DVT
Right Leg Left Leg
93970 Duplex Bilateral for Reflux
93971 Duplex Unilateral for Reflux
Right Leg Left Leg

VENOUS UPPER EXTREMITY:

- 93970 Duplex Bilateral
93971 Duplex Unilateral
Right Arm Left Arm

# Cardiology and Vascular Associates, P.C. PATIENT INSTRUCTIONS

## ❑ Regular Stress Test:

1. Do not eat food two hours prior to your scheduled test time. Diabetic patients may have a light snack or follow physician recommendations.
2. Do not have ANY caffeine (coffee, tea, colas, chocolate, including all decaffeinated beverages) for 12 hours prior to your test.
3. Do not smoke prior to your exam on the day of your test.
4. Wear flat, comfortable walking shoes and non-restrictive clothes. Women may want to wear a button-up blouse and should avoid dresses and pantyhose.
5. Do not use any bath oil, lotions or powder on your chest area.
6. Do not exercise prior to your test.
7. If you have a history of asthma, bring your inhalers with you.
8. Bring a list of your current medications.
9. This procedure takes approximately 45 minutes to complete.

## ❑ Nuclear Imaging MPI Stress Test:

## ❑ Pharmacological MPI Stress Test:

1. Do not eat food two hours prior to your scheduled test time. Diabetic patients may have a light snack or follow physician recommendations.
2. Do not have ANY caffeine (coffee, tea, colas, chocolate, including all decaffeinated beverages) for 12 hours prior to your test.
3. Do not smoke prior to your exam on the day of your test.
4. Wear flat, comfortable walking shoes and non-restrictive clothes. Women may want to wear a button-up blouse and should avoid dresses and pantyhose.
5. Do not use any bath oil, lotions or powder on your chest area.
6. Do not exercise prior to your test.
7. If you have a history of asthma, bring your inhalers with you.
8. Bring a list of your current medications.
9. This procedure takes approximately 2.5 to 3 hours to complete.
10. If you are pregnant or breast feeding, please contact our office for further instructions. Your exam may need to be converted to an alternative exam.

For patients having a Pharmacologic Stress Test: If you are taking **Aggrenox, Persantine, Uniphylor Theophylline** always check with your ordering physician if he/she has any special instructions to be adhered to (such as withholding a medication the day of your test).

## ❑ Resting MUGA Scan:

1. No special Preparation. The exam takes approximately 60 minutes.

## ❑ Stress Echo:

1. Same instructions as regular stress test. Takes approximately 90 minutes.

## ❑ Stress Echo: Dobutamine

1. On the day of the exam, avoid caffeinated drinks and smoking.
2. Do not eat anything for 8 hours prior to your exam.

## ❑ Echocardiogram:

1. No preparation required. Exam takes approximately 45 minutes.

## ❑ Carotid Ultrasound:

1. No preparation required. Exam takes approximately 45 minutes.

## ❑ Abdominal Ultrasound of Aorta:

1. Nothing by mouth for 12 hours before test including coffee and water.
2. No chewing gum please.
3. If you are a Diabetic, you may eat a small meal 2 hours before test.
4. If you are on medication, please take your medication as usual with a small amount of water.

## ❑ Lower Extremity Ultrasounds:

1. Your exam includes testing from groin to ankle. Please wear underwear.

## ❑ Holter Monitor:

1. Please shower prior to appointment and do not use bath oil, lotion or powder on chest area. Monitor is on for 24 hours and you will be unable to shower. Hook-up takes 15 to 30 minutes. Must be returned the following day.

## ❑ Event Monitor:

1. No preparation - hook-up takes approximately 20-30 minutes.

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## **SCHEDULING INSTRUCTIONS:**

**Phone Number: 248-625-5550**

## **SCHEDULE FOR EXAMS:**

- Monday - Friday 8:00 am to 4:00 pm
- Please see prep instructions above.
- Please see map opposite this page.

## **FOR DIABETIC PATIENTS:**

1. *If having an Abdominal Aortic Ultrasound, or Renal Ultrasound, please take insulin and eat at least 2 hours before the test.*
2. *Remember: If you take your insulin you must eat! **DO NOT EAT!***

