



Cardiology and Vascular Associates, P.C.



Diagnostic Study Order Form

WOODWARD MEDICAL CENTER

42557 Woodward Ave., Suite 100 • Bloomfield Hills, MI 48304-5038
Phone 248-333-1172 • Fax 248-333-1173

Today's Date

Patient's Name DOB

Referring Physician CC

Diagnosis Exam Date Time

Fax # Phone#

PHYSICIAN'S SIGNATURE REQUIRED

IMPORTANT PATIENT INSTRUCTIONS

- A 24 Hour Notice is required to cancel your exam to avoid a potential charge. Patient Signature:
YOU MUST BRING THIS ORDER FORM WITH YOU AT THE TIME OF YOUR APPOINTMENT.
Failure may cause a delay and possible rescheduling of your exam.
Please arrive 15 minutes prior to your appointment.
Please bring a written list of all your medications.

ECHO:

- 93306 2D Echo w/Color Flow & Doppler
w/Bubbles w/Contrast
\*NOTE: Contrast requires specific indications for insurance coverage
93351 Exercise Stress Echo
Dobutamine Stress Echo

CAROTID:

- 93880 Carotid Duplex

VASCULAR:

- 93978 Abdominal Aortic Ultrasound

ARTERIAL LOWER EXTREMITY:

- 93923 Segmental Pressures Only
93922 ABI Only
93924 ABI with Stress
93925 Duplex Bilateral with ABI
93926 Duplex Unilateral
Right Leg Left Leg
For Pseudoaneurysm
Right Groin Left Groin

ARTERIAL UPPER EXTREMITY:

- 93930 Upper Extremity / Bilateral
93931 Upper Extremity / Unilateral
Right Arm Left Arm
93923 Upper Extremity physiologic study
93923 TOS Study - Thoracic Outlet Syndrome
93923 Raynaud's / Cold Immersion Test

VENOUS LOWER EXTREMITY:

- 93970 Duplex Bilateral for DVT
93971 Duplex Unilateral for DVT
Right Leg Left Leg
93970 Duplex Bilateral for Reflux
93971 Duplex Unilateral for Reflux
Right Leg Left Leg

VENOUS UPPER EXTREMITY:

- 93970 Duplex Bilateral
93971 Duplex Unilateral
Right Arm Left Arm

NUCLEAR CARDIOLOGY:

- 78452 Nuclear Imaging Stress Test
J1245 Pharmacological Stress Test
(please choose agent of choice)
Dipyridamole Lexiscan
78472 MUGA Scan (ERNA)

MISCELLANEOUS TESTS:

- 93000 EKG
93015 Treadmill Stress Test only
93224 Holter Monitor
93268 Event Monitor
93784 24 Hour Blood Pressure Monitor

# Cardiology and Vascular Associates, P.C.

## PATIENT INSTRUCTIONS

### ☐ Regular Stress Test:

1. Do not eat food two hours prior to your scheduled test time. Diabetic patients may have a light snack or follow physician recommendations.
2. Do not have ANY caffeine (coffee, tea, colas, chocolate, including all decaffeinated beverages) for 12 hours prior to your test.
3. Do not smoke prior to your exam on the day of your test.
4. Wear flat, comfortable walking shoes and non-restrictive clothes. Women may want to wear a button-up blouse and should avoid dresses and pantyhose.
5. Do not use any bath oil, lotions or powder on your chest area.
6. Do not exercise prior to your test.
7. If you have a history of asthma, bring your inhalers with you.
8. Bring a list of your current medications.
9. This procedure takes approximately 45 minutes to complete.

### ☐ Nuclear Imaging Stress Test:

### ☐ Pharmacological Stress Test:

1. Do not eat food two hours prior to your scheduled test time. Diabetic patients may have a light snack or follow physician recommendations.
2. Do not have ANY caffeine (coffee, tea, colas, chocolate, including all decaffeinated beverages) for 12 hours prior to your test.
3. Do not smoke prior to your exam on the day of your test.
4. Wear flat, comfortable walking shoes and non-restrictive clothes. Women may want to wear a button-up blouse and should avoid dresses and pantyhose.
5. Do not use any bath oil, lotions or powder on your chest area.
6. Do not exercise prior to your test.
7. If you have a history of asthma, bring your inhalers with you.
8. Bring a list of your current medications.
9. This procedure takes approximately 2.5 to 3 hours to complete.
10. If you are pregnant or breast feeding, please contact our office for further instructions. Your exam may need to be converted to an alternative exam.

For patients having a Pharmacologic Stress Test: If you are taking **Aggrenox, Persantine, Uniphylor Theophylline** always check with your ordering physician if he/she has any special instructions to be adhered to (such as withholding a medication the day of your test).

### ☐ Resting MUGA Scan:

1. No special Preparation. The exam takes approximately 60 minutes.

### ☐ Stress Echo:

1. Same instructions as regular stress test. Takes approximately 90 minutes.

### ☐ Stress Echo: Dobutamine

1. On the day of the exam, avoid caffeinated drinks and smoking.
2. Do not eat anything for 8 hours prior to your exam.

### ☐ Echocardiogram:

1. No preparation required. Exam takes approximately 45 minutes.

### ☐ Carotid Ultrasound:

1. No preparation required. Exam takes approximately 45 minutes.

### ☐ Abdominal Ultrasound of Aorta:

1. Nothing by mouth for 12 hours before test including coffee and water.
2. No chewing gum please.
3. If you are a Diabetic, you may eat a small meal 2 hours before test.
4. If you are on medication, please take your medication as usual with a small amount of water.

### ☐ Lower Extremity Ultrasounds:

1. Your exam includes testing from groin to ankle. Please wear underwear.

### ☐ Holter Monitor:

1. Please shower prior to appointment and do not use bath oil, lotion or powder on chest area. Monitor is on for 24 hours and you will be unable to shower. Hook-up takes 15 to 30 minutes. Must be returned the following day.

### ☐ Event Monitor:

1. No preparation - hook-up takes approximately 20-30 minutes.

## SCHEDULING INSTRUCTIONS:

Phone Number: 248-333-1172

## SCHEDULE FOR EXAMS:

- Monday - Friday 8:00 am to 5:00 pm
- Please see prep instructions above.
- Please see map opposite this page.

## FOR DIABETIC PATIENTS:

1. *If having an Abdominal Aortic Ultrasound, or Renal Ultrasound, please take insulin and eat at least 2 hours before test.*
2. *Remember: If you take your insulin you must eat! **DO NOT FAST!***

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