Cardiology and Vascular Associates, P.C. Diagnostic Study Order Form (R)	
WOODWARD MEDICAL CENTER 42557 Woodward Ave., Suite 100 • Bloomfield Hills, MI 48304-5038 Phone 248-333-1172 • Fax 248-333-1173	
Today's Date	
Patient's Name	DOB
Referring Physician	_CC
Diagnosis	Exam DateTime
Fax #Phone#	
PHYSICIAN'S SIGNATURE REQUIRED	
<ul> <li>A 24 Hour Notice is required to cancel your exam to avoid a potential charge. Patient Signature:</li></ul>	
NUCLEAR CARDIOLOGY:         78452       Nuclear Imaging MPI Stress Test         J2785       Pharmacological MPI Stress Test         78472       MUGA Scan (ERNA)         CAROTID:         93880       Carotid Duplex         VASCULAR:         93978       Abdominal Aortic Ultrasound         93979       Limited ABD         76706       AAA Screen Medicare         ARTERIAL LOWER EXTREMITY:         93923       Segmental Pressures Only         93922       ABI Only         93923       Segmental Pressures Only         93922       ABI only         93923       Segmental Pressures Only         93924       ABI with Stress         93925       Duplex Bilateral with ABI         93926       Duplex Unilateral	ECHO:         93306       2D Echo w/Color Flow & Doppler         w/Bubble       w/Contrast         *NOTE: Contrast requires specific indications for insurance coverage         93308       LLimited 2D Echo         93311       Exercise Stress Echo         Dobutamine Stress Echo       Dobutamine Stress Echo         93970       Duplex Bilateral for DVT         93971       Duplex Unilateral for APVT         Right Leg       Left Leg         93970       Duplex Bilateral for Reflux         93971       Duplex Unilateral for Reflux         93971       Duplex Unilateral for Reflux         93971       Duplex Unilateral         Right Leg       Left Leg         93971       Duplex Unilateral         93971       Houter Monitor         93972       Houter Monitor         93973       Holter Monitor         93015       Treadmill Stress Test only     <

# **Cardiology and Vascular Associates, P.C. PATIENT INSTRUCTIONS**

#### **Regular Stress Test:**

- 1. Do not eat food two hours prior to your scheduled test time. Diabetic patients may have a light snack or follow physician recommendations.
- 2. Do not have ANY caffeine (coffee, tea, colas, chocolate, including all decaffeinated beverages) for 12 hours prior to your test.
- 3. Do not smoke prior to your exam on the day of your test.
- 4. Wear flat, comfortable walking shoes and non-restrictive clothes. Women may want to wear a button-up blouse and should avoid dresses and pantyhose.
- 5. Do not use any bath oil, lotions or powder on your chest area.
- 6. Do not exercise prior to your test.
- 7. If you have a history of asthma, bring your inhalers with you.
- 8. Bring a list of your current medications.
- 9. This procedure takes approximately 45 minutes to complete.

# □ Nuclear Imaging Stress Test:

## **D** Pharmacological Stress Test:

- 1. Do not eat food two hours prior to your scheduled test time. Diabetic patients may have a light snack or follow physician recommendations.
- 2. Do not have ANY caffeine (coffee, tea, colas, chocolate, including all decaffeinated beverages) for 12 hours prior to your test.
- 3. Do not smoke prior to your exam on the day of your test.
- 4. Wear flat, comfortable walking shoes and non-restrictive clothes. Women may want to wear a button-up blouse and should avoid dresses and pantyhose.
- 5. Do not use any bath oil, lotions or powder on your chest area.
- 6. Do not exercise prior to your test.
- 7. If you have a history of asthma, bring your inhalers with you.
- 8. Bring a list of your current medications.
- 9. This procedure takes approximately 2.5 to 3 hours to complete.
- 10. If you are pregnant or breast feeding, please contact our office for further instructions. Your exam may need to be converted to an alternative exam.

For patients having a Pharmacologic Stress Test: If you are taking **Aggrenox**, **Persantine**, **Uniphylor Theophylline** always check with your ordering physician if he/she has any special instructions to be adhered to (such as withholding a medication the day of your test).

#### **Resting MUGA Scan:**

1. No special Preparation. The exam takes approximately 60 minutes.

#### □ Stress Echo:

1. Same instructions as regular stress test. Takes approximately 90 minutes.

### □ Stress Echo: Dobutamine

- 1. On the day of the exam, avoid caffeinated drinks and smoking.
- 2. Do not eat anything for 8 hours prior to your exam.

#### **Echocardiogram:**

1. No preparation required. Exam takes approximately 45 minutes.

#### Carotid Ultrasound:

1. No preparation required. Exam takes approximately 45 minutes.

#### □ Abdominal Ultrasound of Aorta:

- 1. Nothing by mouth for 12 hours before test including coffee and water.
- 2. No chewing gum please.
- 3. If you are a Diabetic, you may eat a small meal 2 hours before test.
- 4. If you are on medication, please take your medication as usual with a small amount of water.

### □ Lower Extremity Ultrasounds:

1. Your exam includes testing from groin to ankle. Please wear underwear.

#### **Holter Monitor:**

1. Please shower prior to appointment and do not use bath oil, lotion or powder on chest area. Monitor is on for 24 hours and you will be unable to shower. Hook-up takes 15 to 30 minutes. Must be returned the following day.

#### **Event Monitor:**

1. No preparation - hook-up takes approximately 20-30 minutes.

# **SCHEDULING INSTRUCTIONS:**

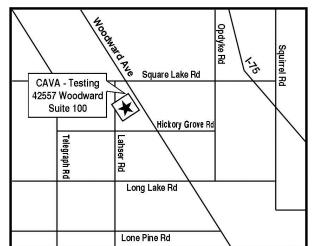
### Phone Number: 248-333-1172

### **SCHEDULE FOR EXAMS:**

- Monday Friday 8:00 am to 5:00 pm
- Please see prep instructions above.
- Please see map opposite this page.

# FOR DIABETIC PATIENTS:

- 1. If having an Abdominal Aortic Ultrasound, or Renal Ultrasound, please take insulin and eat at least 2 hours before test.
- 2. Remember: If you take your insulin you must eat! DO NOT FAST!



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